

**CLIENT INFORMATION**

The purpose of this questionnaire is to get a picture of your personal, family and marital background. Please answer the questions as accurately as you can and feel free to ask questions regarding the questionnaire at any time.

Date: \_\_\_\_\_

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_  
\_\_\_\_\_

Children: (Please check one) YES \_\_\_\_\_ NO \_\_\_\_\_  
(If yes) NAMES \_\_\_\_\_

AGES: \_\_\_\_\_  
\_\_\_\_\_

Live with you: FULL TIME \_\_\_\_\_ PART TIME \_\_\_\_\_

PHONE NUMBERS: HOME \_\_\_\_\_ WORK \_\_\_\_\_ CELL \_\_\_\_\_

Can I call you at Home: Yes \_\_\_\_\_ No \_\_\_\_\_ Work: Yes \_\_\_\_\_ No \_\_\_\_\_ Cell: Yes \_\_\_\_\_ No \_\_\_\_\_

PLACE OF WORK: \_\_\_\_\_

Profession: \_\_\_\_\_

Email Address: \_\_\_\_\_

Can I email you at this address? Yes \_\_\_\_\_ No \_\_\_\_\_

WHO REFERRED YOU? \_\_\_\_\_

AGENCY: \_\_\_\_\_

RELATIONSHIP STATUS: I am: in relationship \_\_\_\_\_ married \_\_\_\_\_ living with partner \_\_\_\_\_  
not in relationship \_\_\_\_\_ in polyamorous  
relationship(s)

Number of years in relationship to current partner(s) \_\_\_\_\_

**FAMILY OF ORIGIN INFORMATION**

Mother's Name \_\_\_\_\_ Age \_\_\_\_\_ Living or deceased \_\_\_\_\_

Health \_\_\_\_\_ Profession \_\_\_\_\_

Father's Name \_\_\_\_\_ Age \_\_\_\_\_ Living or deceased \_\_\_\_\_

Health \_\_\_\_\_ Profession \_\_\_\_\_

Write 3 positive adjectives to describe your Mother:

Write 3 negative adjectives to describe your Mother:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Write 3 positive adjectives to describe your Father:

Write 3 negative adjectives to describe your Father:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

CURRENT PROBLEM/ISSUES – describe

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

HEALTH

1. Are you on any medication: (Please check one) YES \_\_\_\_\_ NO \_\_\_\_\_

IF YES, Please list NAMES OF MEDICATION, DOSAGE AND FREQUENCY TAKEN:

2. When was your last check up? \_\_\_\_\_ Physician's Name \_\_\_\_\_  
 Physician Phone Number \_\_\_\_\_

3. HAVE YOU EVER GIVEN SERIOUS CONSIDERATION TO, OR ATTEMPTED TO, END YOUR OWN LIFE?  
 YES \_\_\_\_\_ NO \_\_\_\_\_

IF YES, please describe: \_\_\_\_\_  
 \_\_\_\_\_

4. In case of emergency please contact:

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

5. IS THERE A HISTORY IN YOUR FAMILY OF ANY OF THE FOLLOWING (Please check all that apply):

	YOU	PARTNER	CHILD(REN)	BRIEF EXPLANATION
ANXIETY				
DEPRESSION				
ALCOHOLISM/DRUGS				
ANGER				
WORKAHOLISM				
EATING DISORDER				
FOOD ADDICTION				
SPENDING/GAMBLING				
SEX ADDICTION				
SEXUAL ABUSE				
RAPE				
PHYSICAL ABUSE				
EMOTIONAL ABUSE				
VIOLENCE				
SLEEP DISORDERS				
PHYSICAL CONDITIONS				

6. Check all of the following areas which have been or are a problem for you? (Please check one for each area):

Marriage/partner	YES ___ NO ___	Family	YES ___ NO ___
Job/School	YES ___ NO ___	Health	YES ___ NO ___
Finances	YES ___ NO ___	Legal	YES ___ NO ___
Friendships	YES ___ NO ___	Mood	YES ___ NO ___
Anxiety Level	YES ___ NO ___	Eating habits	YES ___ NO ___
Spirituality	YES ___ NO ___	Anger	YES ___ NO ___
Alcohol	YES ___ NO ___	Drugs	YES ___ NO ___
Sexual Difficulties	YES ___ NO ___	Caffeine	YES ___ NO ___
Ability to control your temper	YES ___ NO ___	Smoking	YES ___ NO ___

Other areas not listed: \_\_\_\_\_

7. ADDITIONAL INFORMATION: Anything else you think I should know?